State of New Hampshire
County Population Projections, By Municipality

September 2016

The New Hampshire Office of Energy and Planning (OEP) in partnership with the state's Regional Planning Commissions (RPCs) has developed county level population projections by municipality for the period 2020 through 2040, as shown in the attached tables. The projections are done in five-year intervals, and are consistent with the county population projections in the report titled: *State of New Hampshire, Regional Planning Commissions, County Population Projections, 2016, By Age and Sex.*

The method used to develop these municipal level projections starts with the above forecast for total population for each county in New Hampshire. Because these numbers are controlled to the county and state projections, these numbers are considered reasonable in the aggregate as well as at the local level.

Next, the town/city shares of county population in the 2010 Census and in the 2015 OEP population estimates were computed and compared to the 2000 Census share of county population for each town/city in that county.

This analysis revealed that the share of each municipality's population (relative to the county) has been changing over time. To confirm the observed trend, municipal shares of the county population were examined for the Census years 1970, 1980, and 1990. That analysis confirmed the observed trend in changing shares over time.

The methodology used to allocate the county population projections to the municipalities assumes that the 2000 to 2015 shift in share (municipality as a share of the county) will continue into the year 2025. The method attempts to account for a community's share of the county's recent population change, rather than assuming an unchanging share of the county's total population.

Next, that share of the municipality's population relative to the county's population is frozen at the 2025 share level (held constant) through the remaining 15 year projection period (2025 to 2040).

OEP and the RPCs encourage the use of these projections as a point of departure for users to establish their own projections and/or for evaluating other projection efforts. Users of these projections are cautioned about placing strong confidence in very small projected changes of population. Small changes, up or down, essentially mean that a community is expected to be "stable" for the involved time period. Small changes in population may simply be the result of controlling to county totals or rounding.

OEP wishes to acknowledge the RPCs and their consultant, Robert Scardamalia of RLS Demographics, for their valued input and assistance on these projections.

New Hampshire Population Projections by Municipality: 2016

County/County Subdivision	2015 est.	2020	2025	2030	2035	2040
Belknap County	**60,410**	**61,340**	**62,330**	**63,333**	**64,336**	**65,361**
Alton town	5,264	5,452	5,649	5,740	5,830	5,923
Barnstead town	4,604	4,782	4,968	5,048	5,128	5,210
Belmont town	7,294	7,404	7,520	7,641	7,762	7,886
Center Harbor town	1,078	1,091	1,105	1,123	1,141	1,159
Gilford town	7,137	7,200	7,268	7,385	7,501	7,621
Gilmanton town	3,737	3,895	4,059	4,125	4,190	4,257
Laconia city	16,193	16,125	16,062	16,320	16,579	16,843
Meredith town	6,291	6,371	6,457	6,561	6,664	6,771
New Hampton town	2,212	2,286	2,363	2,401	2,439	2,478
Sanbornton town	2,976	3,073	3,175	3,226	3,277	3,329
Tilton town	3,624	3,663	3,704	3,764	3,824	3,885
Carroll County	**47,998**	**48,239**	**48,858**	**49,792**	**50,245**	**50,192**
Albany town	735	741	754	768	775	774
Bartlett town	2,807	2,779	2,771	2,824	2,850	2,847
Brookfield town	708	720	738	752	759	759
Chatham town	334	346	362	369	372	372
Conway town	10,060	10,229	10,480	10,680	10,778	10,766
Eaton town	405	407	413	421	425	424
Effingham town	1,481	1,510	1,552	1,581	1,596	1,594
Freedom town	1,527	1,565	1,616	1,647	1,662	1,660
Hale's Location township (unincorporated)	*138*	*Projections not calculated for unincorporated places*				
Hart's Location town	42	43	44	45	45	45
Jackson town	833	819	810	826	833	832
Madison town	2,570	2,693	2,839	2,894	2,920	2,917
Moultonborough town	4,078	3,885	3,719	3,790	3,825	3,821
Ossipee town	4,368	4,322	4,308	4,391	4,431	4,426
Sandwich town	1,334	1,320	1,316	1,341	1,354	1,352
Tamworth town	2,884	2,931	3,003	3,060	3,088	3,085
Tuftonboro town	2,381	2,392	2,421	2,468	2,490	2,488
Wakefield town	5,065	5,176	5,329	5,431	5,480	5,474
Wolfeboro town	6,248	6,152	6,101	6,218	6,275	6,268

County/County Subdivision	2015 est.	2020	2025	2030	2035	2040
Merrimack County	**147,820**	**150,434**	**154,459**	**159,899**	**164,046**	**166,771**
Allenstown town	4,304	4,123	3,970	4,110	4,216	4,286
Andover town	2,364	2,418	2,494	2,582	2,649	2,693
Boscawen town	3,950	3,998	4,082	4,226	4,335	4,407
Bow town	7,693	7,842	8,065	8,349	8,566	8,708
Bradford town	1,659	1,707	1,773	1,835	1,883	1,914
Canterbury town	2,365	2,460	2,580	2,671	2,740	2,786
Chichester town	2,573	2,663	2,779	2,877	2,951	3,000
Concord city	42,390	42,512	43,005	44,520	45,675	46,433
Danbury town	1,170	1,191	1,224	1,267	1,300	1,322
Dunbarton town	2,797	2,947	3,129	3,239	3,323	3,378
Epsom town	4,680	4,861	5,093	5,272	5,409	5,499
Franklin city	8,454	8,408	8,432	8,729	8,955	9,104
Henniker town	4,875	4,976	5,124	5,305	5,442	5,533
Hill town	1,092	1,113	1,145	1,186	1,216	1,237
Hooksett town	14,473	15,403	16,508	17,089	17,532	17,823
Hopkinton town	5,601	5,624	5,697	5,897	6,050	6,151
Loudon town	5,420	5,671	5,982	6,193	6,354	6,459
Newbury town	2,145	2,272	2,425	2,510	2,576	2,618
New London town	4,493	4,593	4,737	4,904	5,031	5,115
Northfield town	4,815	4,854	4,937	5,111	5,244	5,331
Pembroke town	7,088	7,089	7,150	7,402	7,594	7,720
Pittsfield town	4,077	4,084	4,126	4,272	4,382	4,455
Salisbury town	1,394	1,459	1,540	1,594	1,635	1,663
Sutton town	1,848	1,923	2,018	2,089	2,143	2,179
Warner town	2,870	2,892	2,939	3,043	3,121	3,173
Webster town	1,872	1,941	2,030	2,101	2,156	2,192
Wilmot town	1,358	1,408	1,473	1,525	1,565	1,591

County/County Subdivision	2015 est.	2020	2025	2030	2035	2040
Cheshire County	**77,342**	**77,653**	**78,002**	**78,315**	**78,543**	**78,695**
Alstead town	1,950	1,938	1,927	1,934	1,940	1,944
Chesterfield town	3,610	3,598	3,588	3,602	3,613	3,620
Dublin town	1,568	1,571	1,575	1,582	1,586	1,589
Fitzwilliam town	2,390	2,433	2,478	2,488	2,495	2,500
Gilsum town	814	817	820	824	826	828
Harrisville town	952	909	866	870	872	874
Hinsdale town	4,013	3,952	3,892	3,907	3,919	3,926
Jaffrey town	5,393	5,308	5,225	5,246	5,262	5,272
Keene city	23,550	23,641	23,743	23,839	23,908	23,954
Marlborough town	2,110	2,130	2,151	2,160	2,166	2,170
Marlow town	744	737	731	734	736	737
Nelson town	727	745	763	766	768	770
Richmond town	1,159	1,172	1,185	1,189	1,193	1,195
Rindge town	6,043	6,154	6,268	6,293	6,311	6,324
Roxbury town	226	220	215	216	216	217
Stoddard town	1,256	1,337	1,420	1,426	1,430	1,433
Sullivan town	688	670	651	654	656	657
Surry town	741	755	769	772	774	776
Swanzey town	7,339	7,445	7,554	7,585	7,607	7,622
Troy town	2,135	2,159	2,185	2,194	2,200	2,205
Walpole town	3,866	3,937	4,011	4,027	4,039	4,047
Westmoreland town	1,734	1,680	1,627	1,633	1,638	1,641
Winchester town	4,334	4,345	4,357	4,375	4,388	4,396

County/County Subdivision	2015 est.	2020	2025	2030	2035	2040
Coos County	**33,658**	**32,389**	**31,206**	**30,059**	**28,919**	**27,756**
Berlin city	10,607	10,302	10,016	9,648	9,282	8,909
Carroll town	778	773	767	739	711	683
Clarksville town	274	258	243	234	226	216
Colebrook town	2,300	2,184	2,076	2,000	1,924	1,847
Columbia town	758	724	692	666	641	615
Dalton town	977	942	909	876	842	809
Dummer town	301	284	268	258	248	238
Errol town	290	274	259	249	240	230
Gorham town	2,809	2,643	2,489	2,398	2,307	2,214
Jefferson town	1,108	1,080	1,054	1,015	977	937
Lancaster town	3,541	3,443	3,352	3,229	3,106	2,981
Milan town	1,338	1,276	1,218	1,173	1,128	1,083
Northumberland town	2,249	2,085	1,932	1,861	1,791	1,719
Pittsburg town	871	831	793	764	735	705
Randolph town	308	285	264	254	244	235
Shelburne town	373	354	336	324	311	299
Stark town	564	551	538	518	499	479
Stewartstown town	1,035	999	965	929	894	858
Stratford town	747	663	586	564	543	521
Whitefield town	2,349	2,323	2,299	2,214	2,130	2,045
Coos County unincorporated places (remainder)	81	*Projections not calculated for unincorporated places*				

County/County Subdivision	2015 est.	2020	2025	2030	2035	2040
Grafton County	**89,421**	**91,099**	**92,815**	**94,829**	**97,142**	**99,673**
Alexandria town	1,638	1,721	1,806	1,845	1,890	1,939
Ashland town	2,084	2,109	2,135	2,182	2,235	2,293
Bath town	1,091	1,143	1,197	1,223	1,253	1,285
Benton town	374	391	409	417	428	439
Bethlehem town	2,558	2,651	2,746	2,806	2,874	2,949
Bridgewater town	1,092	1,121	1,150	1,175	1,204	1,235
Bristol town	3,074	3,072	3,069	3,136	3,212	3,296
Campton town	3,351	3,511	3,677	3,757	3,848	3,949
Canaan town	3,912	4,054	4,201	4,292	4,397	4,511
Dorchester town	360	361	362	370	379	389
Easton town	260	261	262	268	274	281
Ellsworth town	87	87	88	90	92	94
Enfield town	4,630	4,618	4,604	4,703	4,818	4,944
Franconia town	1,118	1,169	1,221	1,248	1,278	1,312
Grafton town	1,363	1,423	1,486	1,518	1,555	1,595
Groton town	592	626	661	676	692	710
Hanover town	11,367	11,470	11,573	11,824	12,113	12,428
Haverhill town	4,647	4,671	4,694	4,796	4,912	5,040
Hebron town	617	661	707	722	740	759
Holderness town	2,103	2,137	2,172	2,219	2,273	2,333
Landaff town	416	424	433	442	453	465
Lebanon city	13,618	13,948	14,286	14,596	14,952	15,342
Lincoln town	1,705	1,827	1,952	1,995	2,043	2,097
Lisbon town	1,602	1,598	1,594	1,629	1,668	1,712
Littleton town	5,925	5,911	5,894	6,022	6,169	6,330
Lyman town	542	556	571	583	598	613
Lyme town	1,706	1,701	1,695	1,731	1,774	1,820
Monroe town	786	788	790	808	827	849
Orange town	331	338	345	352	361	370
Orford town	1,240	1,275	1,311	1,339	1,372	1,407
Piermont town	784	799	814	831	852	874
Plymouth town	6,427	6,393	6,357	6,495	6,653	6,826
Rumney town	1,489	1,485	1,480	1,512	1,549	1,589
Sugar Hill town	569	569	568	581	595	610
Thornton town	2,521	2,703	2,890	2,953	3,025	3,104
Warren town	910	916	923	943	966	991
Waterville Valley town	247	243	238	243	249	256
Wentworth town	912	939	966	987	1,011	1,037
Woodstock town	1,373	1,430	1,488	1,520	1,557	1,598

County/County Subdivision	2015 est.	2020	2025	2030	2035	2040
Hillsborough County	**404,322**	**409,478**	**416,445**	**424,492**	**429,538**	**431,284**
Amherst town	11,276	11,374	11,520	11,743	11,882	11,931
Antrim town	2,633	2,668	2,715	2,767	2,800	2,811
Bedford town	22,236	23,451	24,797	25,276	25,576	25,680
Bennington town	1,461	1,466	1,477	1,505	1,523	1,529
Brookline town	5,168	5,452	5,767	5,878	5,948	5,972
Deering town	1,918	1,921	1,932	1,970	1,993	2,001
Francestown town	1,562	1,576	1,597	1,628	1,647	1,654
Goffstown town	17,846	18,051	18,335	18,689	18,911	18,988
Greenfield town	1,817	1,868	1,928	1,965	1,989	1,997
Greenville town	2,070	2,009	1,954	1,992	2,016	2,024
Hancock town	1,644	1,607	1,576	1,607	1,626	1,633
Hillsborough town	5,955	6,186	6,449	6,574	6,652	6,679
Hollis town	7,754	7,931	8,145	8,302	8,401	8,435
Hudson town	24,781	25,232	25,799	26,297	26,610	26,718
Litchfield town	8,395	8,662	8,972	9,145	9,254	9,291
Lyndeborough town	1,702	1,730	1,765	1,799	1,820	1,828
Manchester city	109,419	109,469	109,963	112,087	113,420	113,881
Mason town	1,391	1,452	1,520	1,550	1,568	1,574
Merrimack town	25,427	25,362	25,398	25,889	26,196	26,303
Milford town	15,212	15,609	16,082	16,393	16,588	16,655
Mont Vernon town	2,478	2,602	2,741	2,794	2,827	2,838
Nashua city	87,551	87,626	88,057	89,759	90,826	91,195
New Boston town	5,457	5,818	6,214	6,334	6,409	6,435
New Ipswich town	5,160	5,383	5,635	5,744	5,812	5,836
Pelham town	13,117	13,698	14,352	14,629	14,803	14,863
Peterborough town	6,445	6,604	6,795	6,926	7,008	7,037
Sharon town	352	348	345	352	356	358
Temple town	1,380	1,399	1,424	1,451	1,469	1,475
Weare town	8,811	9,051	9,334	9,514	9,627	9,667
Wilton town	3,678	3,642	3,619	3,689	3,733	3,748
Windsor town	226	232	239	244	247	248

County/County Subdivision	2015 est.	2020	2025	2030	2035	2040
Rockingham County	**300,569**	**307,013**	**314,418**	**321,441**	**325,474**	**326,238**
Atkinson town	6,722	6,834	6,967	7,122	7,212	7,229
Auburn town	5,315	5,560	5,828	5,959	6,033	6,048
Brentwood town	4,678	5,116	5,586	5,711	5,783	5,796
Candia town	3,909	3,891	3,880	3,967	4,016	4,026
Chester town	4,887	5,199	5,536	5,660	5,731	5,744
Danville town	4,458	4,577	4,710	4,816	4,876	4,888
Deerfield town	4,413	4,631	4,869	4,978	5,040	5,052
Derry town	32,948	32,459	32,018	32,733	33,144	33,222
East Kingston town	2,398	2,568	2,751	2,812	2,847	2,854
Epping town	6,828	7,279	7,767	7,941	8,041	8,059
Exeter town	14,582	14,732	14,922	15,255	15,446	15,482
Fremont town	4,597	4,959	5,347	5,467	5,535	5,548
Greenland town	3,860	4,104	4,368	4,465	4,521	4,532
Hampstead town	8,602	8,668	8,755	8,951	9,063	9,084
Hampton town	15,050	15,032	15,046	15,382	15,575	15,611
Hampton Falls town	2,239	2,329	2,428	2,482	2,513	2,519
Kensington town	2,114	2,163	2,219	2,268	2,297	2,302
Kingston town	6,049	6,079	6,124	6,261	6,340	6,355
Londonderry town	24,891	25,434	26,057	26,639	26,973	27,036
New Castle town	966	949	933	954	966	968
Newfields town	1,685	1,716	1,752	1,791	1,813	1,817
Newington town	770	770	771	788	798	800
Newmarket town	9,170	9,505	9,877	10,097	10,224	10,248
Newton town	4,865	5,070	5,296	5,414	5,482	5,495
North Hampton town	4,511	4,615	4,733	4,839	4,900	4,911
Northwood town	4,214	4,347	4,495	4,595	4,653	4,664
Nottingham town	4,904	5,246	5,614	5,740	5,812	5,825
Plaistow town	7,602	7,525	7,462	7,628	7,724	7,742
Portsmouth city	21,496	21,664	21,886	22,374	22,655	22,708
Raymond town	10,257	10,403	10,577	10,814	10,949	10,975
Rye town	5,400	5,462	5,539	5,663	5,734	5,747
Salem town	28,674	28,672	28,733	29,375	29,743	29,813
Sandown town	6,255	6,604	6,984	7,140	7,229	7,246
Seabrook town	8,814	9,049	9,314	9,522	9,642	9,664
South Hampton town	811	797	785	802	812	814
Stratham town	7,334	7,592	7,878	8,054	8,155	8,175
Windham town	14,301	15,414	16,612	16,983	17,196	17,237

County/County Subdivision	2015 est.	2020	2025	2030	2035	2040
Strafford County	**125,342**	**128,801**	**132,513**	**136,472**	**139,738**	**142,204**
Barrington town	8,806	9,186	9,592	9,879	10,115	10,294
Dover city	30,524	31,495	32,535	33,507	34,309	34,915
Durham town	16,009	17,215	18,498	19,050	19,506	19,851
Farmington town	6,807	7,061	7,333	7,552	7,733	7,869
Lee town	4,335	4,360	4,389	4,520	4,629	4,710
Madbury town	1,791	1,865	1,943	2,001	2,049	2,085
Middleton town	1,772	1,852	1,937	1,995	2,043	2,079
Milton town	4,555	4,697	4,849	4,994	5,113	5,204
New Durham town	2,604	2,687	2,776	2,859	2,927	2,979
Rochester city	29,875	30,104	30,359	31,266	32,014	32,579
Rollinsford town	2,520	2,464	2,405	2,477	2,537	2,581
Somersworth city	11,698	11,662	11,628	11,976	12,262	12,479
Strafford town	4,046	4,153	4,267	4,394	4,500	4,579
Sullivan County	**43,726**	**43,462**	**43,656**	**44,246**	**44,549**	**44,556**
Acworth town	898	893	897	910	916	916
Charlestown town	5,118	5,085	5,105	5,174	5,210	5,211
Claremont city	13,262	12,924	12,722	12,894	12,982	12,984
Cornish town	1,645	1,599	1,570	1,591	1,602	1,603
Croydon town	760	766	780	790	796	796
Goshen town	813	812	819	830	836	836
Grantham town	2,997	3,145	3,326	3,371	3,394	3,394
Langdon town	689	699	716	726	731	731
Lempster town	1,168	1,194	1,233	1,249	1,258	1,258
Newport town	6,454	6,323	6,258	6,343	6,386	6,387
Plainfield town	2,391	2,376	2,386	2,418	2,434	2,435
Springfield town	1,325	1,396	1,482	1,502	1,512	1,512
Sunapee town	3,430	3,458	3,522	3,569	3,594	3,594
Unity town	1,650	1,634	1,635	1,657	1,669	1,669
Washington town	1,126	1,159	1,205	1,221	1,229	1,230